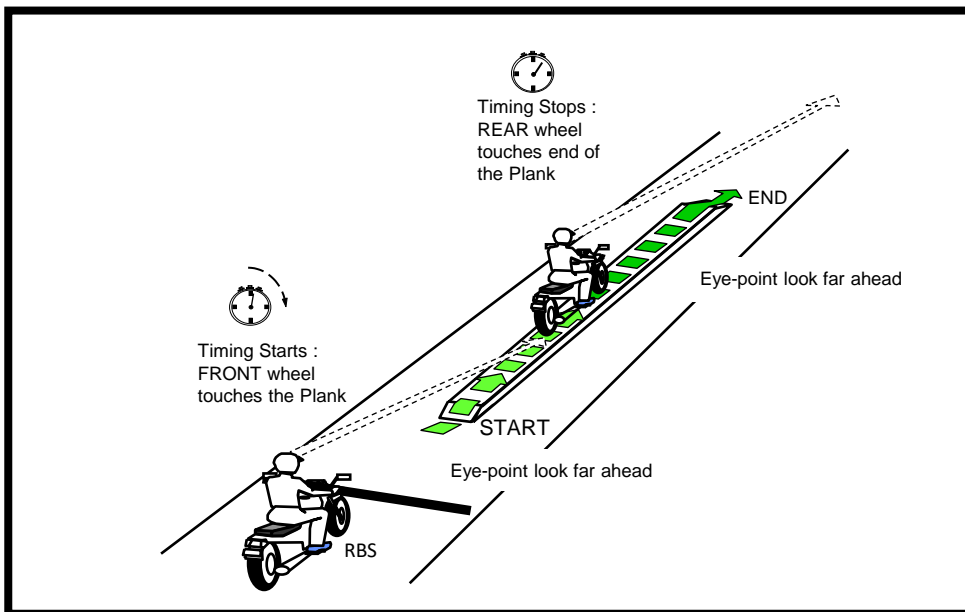


NARROW PLANK



Procedure:

1. No signaling required. Engage 1st gear and check right blind spot (RBS) before moving-off.
2. Move off smoothly and speed must not be too slow. Look far ahead (about 9m to 10m)
3. Using half clutch control and maintain constant speed. If you are riding too fast on the narrow plank, use your rear brake gently to slow down.
4. Apply knee grip to the fuel tank and relax your upper body.
5. You can move the handlebar to the left and right to balance on the plank.
6. Do not try to stop the bike on the plank.

Requirements

Able to ride through the narrow plank smoothly and to remain on it for more than 6 seconds without running off course / footing.

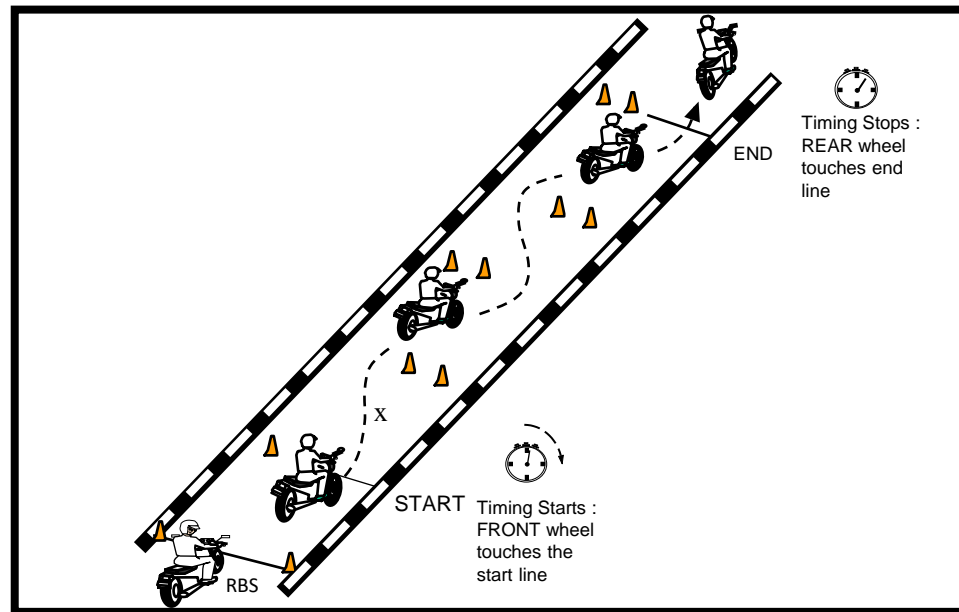
Demerit Items:

- A1d – Run off course / strike kerb / foot touches ground / fall off
- A7a. – Take less than the stipulated time of 6 sec.
- A7b. – Take less than the stipulated time of 4 sec.
- A7c. – Take less than the stipulated time of 3 sec.

Demerit points

- Fail
- 4 points
- 6 points
- Fail

PYLON SLALOM



Procedure:

1. No signaling required. Engage 1st gear and check right blind spot (RBS) before moving off.
2. Change to 2nd gear and release the clutch gradually and fully. Tilt handle slightly to the left to negotiate the first pylon but look ahead at the next pylon.
3. Open throttle at mark X before negotiating the 2nd pylon. Close throttle and tilt handle slightly to the right but look ahead at the next pylon.
4. Repeat the rhythm for all the other pylons.
5. Before exiting the last cone, straighten handle to an upright posture.
6. Open throttle and exit the slalom course.

Requirements

Able to ride through the pylon slalom course smoothly within 6 seconds without footing / striking kerb / striking or skipping pylon.

Demerit Items:

- A6a. – Take more than the stipulated time of 6 sec.
- A6b. – Take more than the stipulated time of 7 sec.
- A6c. – Take more than the stipulated time of 8 sec.
- A2c. – Strike / Skip Pylon
- E6. – Wobble when turning

Demerit points

- 4 points.
- 6 points.
- Fail
- Fail
- 4 points

SLOPE

UP

2 riders can position directly at the upper yellow line.
1st rider proceed to the right side and 2nd rider proceed to the left side.

Followed by 2 more riders at the lower yellow line. Perform another stopping at the upper line when the front rider has moved off.

Procedure for Moving-off

- ❖ Throttle slightly (Listen to engine sound)
- ❖ Release the clutch to the biting point.
- ❖ Throttle slightly more
- ❖ Release the rear brake
- ❖ The bike will start to move
- ❖ Signal right, check right blind spot before moving off

Procedure for Stopping on the up slope

- ❖ Ensure safety and check right blind spot before turning up into the slope.
- ❖ For right turning. The first rider, turn and target on the right side.
- ❖ Accelerate to climb up the slope.
- ❖ Before stopping, close throttle and depress the clutch first.
- ❖ Tap to 1st gear quickly and apply both brakes to stop smoothly.
- ❖ Continue to hold the rear brake to keep the bike stationary.

* Position here correctly, If the slope is occupied or if you are giving way to oncoming vehicle.
* If a car is presence at upslope, do not position directly behind the car as it may roll backwards.

DOWN

Moving down slope

- ❖ 1st rider position to the right
- ❖ 2nd rider position to the left
- ❖ Signal right
- ❖ Look right and left for traffic. If safe...
- ❖ Check right blind spot (RBS) before moving and turn right.
- ❖ Proceed one rider at a time.

* If a car stopping at down slope, riders can proceed to position behind the car with safe distance apart.

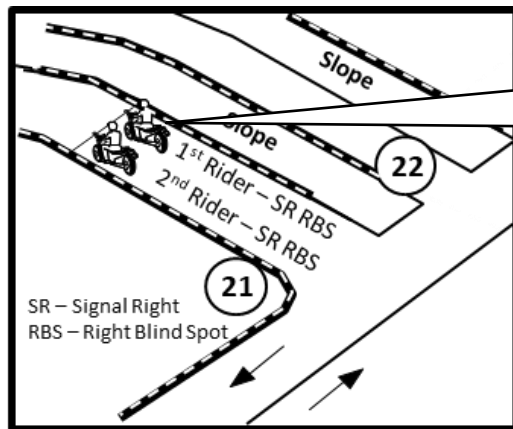
Demerit Items:

- B1a. – Roll backwards – Less than 0.5 metre
- B1b. – Roll backwards – 0.5 metre or more
- B2. – Excessive revving of engine
- F5 – Improper turning
- G1 – Fail to check blindspot

Demerit Points

- 4 points
- Fail
- 2 points
- 2 points
- 4 points

SAFETY CHECKS



Up Slope – both riders must signal right and check right blind spot before moving off

Riders must signal right and check right blind spot before turning right.

Down Slope – Signal right and look out for traffic by turning your head to the right and left. If safe, check right blind spot before moving and turning right

